

Statement Regarding Face to Face Appointments during Covid-19 Restrictions

I hope you find this document helpful in making a decision about a return to face to face sessions. This is entirely your choice- if you would prefer we can continue with our remote sessions for as long as you wish. If you do decide to start face to face sessions this does not have to be a final decision- you are free to ask for remote sessions at any time.

I would ask you to let me know if any of the following apply to you:

- 1. You have or have had any symptoms of Covid in the last 14 days.**
- 2. You have been in contact with anyone who has had symptoms of Covid in the last 14 days.**
- 3. You or anyone in your household are self isolating.**
- 4. You or anyone in your household are shielding due to health risks that would make you or them vulnerable to serious infection if they contracted Covid.**
- 5. You or a member of your household have been in contact with a known or suspected case of Covid in the last 14 days.**

If any of the above apply to you then face to face sessions will not be offered.

Arrangements for socially distanced face to face sessions

1. All users of the building will be asked to take responsibility for maintaining a social distance from other users at all times.
2. Our session will take place in a large room where a social distance of two meters will be maintained.
3. I will not require you to wear a mask but feel free to do so if you wish. I will not wear a mask unless you ask me to.
4. The waiting room will be closed so please arrive at the time of your appointment. Only the client/s will be allowed into the building.
5. Proceeding with any face to face assessments during this time involves a necessary balance of risks. I have completed a risk assessment regarding the therapy room and my own health. In making a decision about us meeting face to face please consider your own health and the possible consequences to you and your family should you contract Covid19. Only do what you and members of your household feel comfortable with.
6. The toilets will be available for use, restricted to one person at a time. There is a sign on each of the doors that is to be rotated to Occupied when you enter, and rotated back to Unoccupied when you exit.
7. I will clean down all surfaces between sessions.

8. I will provide individual bottles of drinking water, and your own tissue pack.

Hand sanitiser and anti-viral wipes will be available throughout the building- please make full use of these and either wash or sanitise your hands upon arrival and when leaving.

Confidentiality in the Case of Infection

If you have tested positive for the coronavirus, I may be required under the track and trace system to notify local health authorities that you have been in the office. If I have to report this, I will only provide the minimum information necessary for their data collection and will not go into any details about the reason for your visit. By signing this form, you are agreeing that I may do so without an additional signed release.

Please feel free to ask any questions about the above.

Please sign below to confirm that you understand and agree to these terms and conditions.

Date
