

Joining Our Counselling Session Using Zoom

You will not need to register for a zoom account. I will create the meeting link and send it to you via email.

Please follow the instructions below to access the meeting:

JOINING THE ZOOM SESSION WITH A PHONE OR TABLET

- Download the Zoom app from your App store
- Open my email and click on the Zoom meeting invitation link
- Your device will open the meeting room
- If your camera is not showing, tap your device and tap the camera icon
- If your audio is not working, tap your device to bring up the tools and tap the microphone icon

JOINING THE ZOOM SESSION ON YOUR DESKTOP OR LAPTOP

- Open my email with the zoom invitation and click on the invitation link
- Zoom will prompt you to download the application (if this is your first time using Zoom), accept those prompts and follow instructions to install
- Once you have installed, go back to my email and click on my meeting link.
- The zoom meeting will open in a window of its own.
- To turn your camera on, hover your mouse over the zoom window and tap the camera icon on the bottom left.
- To turn your audio on, hover your mouse over the zoom window and tap the microphone icon on the bottom left.

POINTS TO NOTE: To join with your computer, you will need to have a webcam and mic. If this is not available on your computer, think about using your phone or tablet.

TECH POINTS TO THINK ABOUT

- Have your device fully charged or have a charging device handy
- Use headphones with a microphone attached (your mobile phone headphones are suitable)

More support information here

<https://support.zoom.us/hc/en-us/articles/201362193-Joining-a-Meeting>